Health, Fitness, Recreation, and Sports Magazines and Journals

2017-18
Mack Library Periodicals offers resources to equip your classroom and provide your students with current information in their field. This brochure is a list of the health, fitness, and recreation periodicals that Mack Library currently receives in print. A complete list of holdings within this subject is available through the periodicals office, and numerous journals are accessible through the databases found on the library website.

- **Coach and Athletic Director**—indexed online / print
- **Nutrition Today**—Print
- **Sports Illustrated**—Print and Online
- **Strategies**—Website and print

**Research Assistance**

The Periodicals Office provides assistance with locating articles and answering research questions. Email journals@bju.edu, call ext. 6040, or visit libanswers.bju.edu to submit a question online.